

2024 WOMEN AND ALLIES IN BANKING

JUNE 5-6 | CROSS INSURANCE CENTER, BANGOR

AGENDA

JUNE 5

5:00-7:00 PM **Optional Networking Reception (additional fee at registration)**
Join us at Timber in Bangor for appetizers, drinks, and networking with peers!
Overnight room block available at The Residence Inn

JUNE 6

9:00 AM **Welcome Hospitality Station & Registration**
Coffee, tea, and an assortment of morning snacks

9:30 AM **Welcome Remarks on Behalf of Maine Bankers Association**
Jeanne Hulit, Maine Community Bank

9:45 AM ***Strategies for Effective Communication***
Cathy Nestruck, American Bankers Association
Our gender, socioeconomic status, race, ethnicity, generation, and where we grew up in the world, all impact how we communicate and how we interpret others communicating with us. When we don't understand each other's communication rituals, this often leads to misunderstandings. Learn the dominant models of communication in the workplace and the strengths and weakness of different styles of communication and when to use them.

10:45 AM **Stretch and Refresh Break**

11:00 AM ***Volunteerism: One of Many Superpowers of a Woman***
Michelle Anderson, Junior Achievement
Melissa Denbow, Machias Savings Bank
In this engaging session, Michelle and Melissa will share their insights on how volunteerism can serve as a catalyst for personal and professional growth, enabling women to develop essential skills, expand their networks, and make meaningful contributions to their communities. Drawing from their own experiences and success stories, they will highlight the invaluable role that volunteerism plays in fostering leadership, empathy, and resilience among women in banking.

12:00 PM **Luncheon Buffet**

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AGENDA CONT.

JUNE 6 CONT.

1:00 PM

A Conversation on Work-Life Balance: Attainable or Absurd?

Kimberly Sherman Stamler, Related Beal

Jeanne Hulit, Maine Community Bank

Join Kim Sherman, President of Related Beal, and Jeanne Hulit, President & CEO of Maine Community Bank, in a thought-provoking conversation at the Women and Allies in Banking Conference. Together, they will delve into the ever-relevant topic of work-life balance and explore whether it's attainable or merely an elusive ideal for women in leadership roles.

2:00 PM

Stretch and Refresh Break

2:15 PM

Lobstering & Leadership

Dr. Kylie Bragdon, The Kynd

In her talk, "Lobstering & Leadership," Dr. Bragdon uncovers surprising parallels between Maine's lobstering culture and transformational leadership principles. Attendees will gain new perspectives on vision, staff development, and leading through change. Key takeaways include:

- *Vision: Learn to cultivate clarity and strategic planning in leadership roles.*
- *Staff Development: Discover effective strategies for nurturing talent and fostering a supportive team environment.*
- *Leading through Change: Gain practical insights for navigating uncertainty and driving positive change with resilience and adaptability.*

Attendees will leave inspired and equipped with actionable strategies to enhance their leadership capabilities.

3:15 PM

Sweets & Social

4:00 PM

Adjourn