

## 2023 WOMEN IN BANKING CONFERENCE

JUNE 9 | 9:00 AM - 4:00 PM | WESTIN PORTLAND HARBORVIEW HOTEL, PORTLAND

### AGENDA

- 9:00 AM**      **Welcome Hospitality Station & Registration**  
Coffee, tea, and an assortment of smoothies, avocado toasts, and pastry bars
- 9:30 AM**      **Welcome Remarks on Behalf of Maine Bankers Association**  
Jeanne Hulit, President & CEO, Maine Community Bank
- 9:45 AM**      ***Present Yourself to Success in Your Career***  
Mary Cheyne, Magnetic Podium  
*Mary will share effective tools to bypass your inner critic and allow your authentic and most confident self to shine through in public speaking and presenting.*
- 10:45 AM**      **Recharge with Sponsors**
- 11:00 AM**      ***Future of Banking for Generation Z***  
Virginia Heyburn, Director of Research, Insights and Advocacy, Engage fi  
*Virginia will discuss ways banks can shape authentic and educational experiences that predict the needs of the Generation Z workforce and pave the way to financial well-being.*
- 12:00 PM**      **Luncheon**  
Minestrone soup, Caesar salad with chicken, and warm rolls with butter
- 1:00 PM**      ***Moderated Mindful Leadership Exercise***  
Elizabeth Holmstrom, Founder, Mindful Employer  
*Elizabeth will walk us through an exercise injecting your management practice with a more mindful approach.*
- 2:00 PM**      **Recharge with Sponsors**
- 2:15 PM**      ***Updates and Forecasts for the Banking Industry***  
Cathy Nestricks, Senior Director, Women's Leadership Initiative and DEI, American Bankers Association  
*Cathy will share the most up-to-date forecasts in the banking industry and how it may impact your workplace strategies.*
- 3:15 PM**      **Sweets & Social with Sponsors**
- 4:00 PM**      **Adjourn**